



## The First Aider

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### Jessy Compere: To this special high school athletic training student, 'Cramer' is much more than a name!

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Jessica Compere is a junior attending Smithson Valley High School in Spring Branch, Texas. She participates in her school's student athletic training program, devoting at least 35 hours a week to athletic training during much of the school year. She also takes advanced classes; has an "A" average; qualifies each semester for All-District Academic distinction; is involved with church activities including singing in the youth praise band; and has a part-time job in the spring when she has a bit more free time. Without a doubt, she's an exceptional young woman!

One more thing that makes Jessy very special. She is the great-granddaughter of Lulu Cramer Perkins—the sister of Chuck and Frank Cramer, founders of Cramer Products! Lulu worked with her brothers for many years, focusing on the business end of things. Jessy's mother is Susan Mullen, and her grandmother is Betty Lou Stephens.

Incredibly, Jessy wasn't aware of her family's athletic training lineage until becoming involved in her school's program. "I quit volleyball after the first semester my freshman year because of knee problems," Jessy says. "I was interested in the athletic training program to stay involved with sports, and my mom mentioned the Cramers. As time went on, I started seeing the Cramer name all over the products we used. I soon understood the significance of my ancestors, and was amazed to discover that I have athletic training in my blood!"

Jessy enjoys all aspects of athletic training. "It's demanding, but you learn so many interesting things. I love sports, attending games, and the people. In the training room we see pictures of some horrible injuries, but that doesn't bother me. I get upset when I can't fix everything, though."

Thomas Petmecky, L.A.T., Head Athletic Trainer at Smithson Valley High School, is happy to have Jessy-or 'Moe'-in his program. "When Jessy approached me about athletic training, she was hanging around with two friends," he explains. "I called them the Three Stooges, and since Jessy was in charge and did all the talking, I started calling her 'Moe.' The name stuck."

Thomas says Jessy has what it takes to make it in athletic training. "Moe has an analytical mind and wants to understand why we do what we do. We tell students interested in our athletic training program that it's tough, many hours are involved, they'll have to prioritize, and might have to limit their social life to keep their grades up. Moe hasn't had a problem with any of this."

Jessy plans to pursue a career in athletic training and physical therapy. "I'm not afraid to work hard, and I always want make things better," she says. Those Cramer roots run deep, since Chuck and Frank Cramer were known for their strong work ethic and sincere desire to improve everything they were involved with. Jessy, all of us at Cramer Products want you to know that we're very proud of you—and we know Chuck and Frank would be extremely proud of you as well!



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